

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Michiels Ans HEADCOACH

Coaches: Lasoen Sam

Coaches: Vlamijnck Robin

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:1, starttime: 14:00
Heat: 1/4 Lane : 6 Athlete: BUYLE LAURE			Q-time: 01:28:58
PB (50m pool): 01:28.58 Antwerp 02/02/2025			PB (25m pool): 01:19.94 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.06	01:28.58	
	00:39.06	00:49.52	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:3, starttime: 14:04
Heat: 3/4 Lane : 7 Athlete: VAN DOORNE LORE			Q-time: 01:15:07
PB (50m pool): 01:15.07 Kortrijk 04/05/2025			PB (25m pool): 01:12.70 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.32	01:15.07	
	00:35.32	00:39.75	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:3, starttime: 14:04
Heat: 3/4 Lane : 8 Athlete: DE MULDER CHLOë			Q-time: 01:17:32
PB (50m pool): 01:46.90 Zwembad Brigitte Becue Oostend 27/05/2025			PB (25m pool): 01:17.32 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:46.90	
	no time		
			

Coach feedback:

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Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:2, starttime: 14:10
Heat: 2/7 Lane : 3 Athlete: DE BRUYNE BRIEK			Q-time: 01:17:94
PB (50m pool): 01:17.94 Kortrijk 04/05/2025			PB (25m pool): 01:12.29 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.06	01:17.94	
	00:38.06	00:39.88	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:3, starttime: 14:12
Heat: 3/7 Lane : 8 Athlete: DEGRANDE VIC			Q-time: 01:17:31
PB (50m pool): 01:17.31 Kortrijk 04/05/2025			PB (25m pool): 01:12.43 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.36	01:17.31	
	00:37.36	00:39.95	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 15-16			Heat:5, starttime: 14:16
Heat: 5/7 Lane : 4 Athlete: VROMAN WOUT			Q-time: 01:09:71
PB (50m pool): 01:09.71 Aalst 28/06/2025			PB (25m pool): 01:07.42 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.82	01:09.71	
	00:33.82	00:35.89	
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:3, starttime: 14:44
Heat: 3/8 Lane : 6 Athlete: VAN DOORNE LORE			Q-time: 01:09:72
PB (50m pool): 01:09.72 Antwerp 02/02/2025			PB (25m pool): 01:07.46 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.39	01:09.72	
	00:33.39	00:36.33	
			

Coach feedback:

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Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:4, starttime: 14:46
Heat: 4/8 Lane : 3 Athlete: BUYLE LAURE			Q-time: 01:08:55
PB (50m pool): 01:08.37 Antwerpen 14/07/2024			PB (25m pool): 01:03.89 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:08.37	
	no time		
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:7, starttime: 14:50
Heat: 7/8 Lane : 2 Athlete: DE MULDER CHLOë			Q-time: 01:03:83
PB (50m pool): 01:03.83 Kortrijk 04/05/2025			PB (25m pool): 01:02.79 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.26	01:03.83	
	00:31.26	00:32.57	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:2, starttime: 14:55
Heat: 2/8 Lane : 2 Athlete: DEGRANDE VIC			Q-time: 01:08:44
PB (50m pool): 01:08.44 Antwerpen 13/07/2025			PB (25m pool): 01:05.27 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.01	01:08.44	
	00:32.01	00:36.43	
			

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 15-16			Heat:2, starttime: 14:55
Heat: 2/8 Lane : 7 Athlete: DE BRUYNE BRIEK			Q-time: 01:08:57
PB (50m pool): 01:08.57 Antwerpen 13/07/2025			PB (25m pool): 01:03.81 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.67	01:08.57	
	00:32.67	00:35.90	
			

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 15-16			Heat:6, starttime: 15:02
Heat: 6/8 Lane : 7 Athlete: VROMAN WOUT			Q-time: 01:00:39
PB (50m pool): 01:00.39 Antwerpen 20/04/2025			PB (25m pool): 00:58.20 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.53	01:00.39	
	00:29.53	00:30.86	
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:3, starttime: 15:09
Heat: 3/6 Lane : 6 Athlete: DE SMUL PAULINE			Q-time: 00:42:60
PB (50m pool): 00:42.60 Kortrijk 04/05/2025			PB (25m pool): 00:41.31 SB: no time
	5 0 M		
PB	00:42.60		
	00:42.60		
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:4, starttime: 15:10
Heat: 4/6 Lane : 7 Athlete: VLAMIJNCK LORE			Q-time: 00:41:11
PB (50m pool): 00:41.11 Kortrijk 04/05/2025			PB (25m pool): 00:39.52 SB: no time
	5 0 M		
PB	00:41.11		
	00:41.11		
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:5, starttime: 15:11
Heat: 5/6 Lane : 7 Athlete: DE GRAVE LIZE			Q-time: 00:38:75
PB (50m pool): 00:38.75 Antwerpen 13/07/2025			PB (25m pool): 00:37.57 SB: no time
	5 0 M		
PB	00:38.75		
	00:38.75		
			

Coach feedback:

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: STA

Event number: 29: 50M BREASTSTROKE WOMEN 17+						Heat:5, starttime: 15:11	
Heat: 5/6 Lane : 8 Athlete: VAN AVONDT LINA						Q-time: 00:39:27	
PB (50m pool): 00:39.27 Kortrijk 04/05/2025						PB (25m pool): 00:37.80 SB: no time	
	5 0 M						
PB	00:39.27						
	00:39.27						
							

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+					Heat:3, starttime: 15:16				
Heat: 3/6 Lane : 8 Athlete: DHOOGHE LIAM					Q-time: 00:30:58				
PB (50m pool): 00:30.58 Olympic Pool Wezenberg, Antwer 30/03/25 PB (25m pool): 00:30.45 SB: no time									
	5 0 M								
PB	00:30.58								
	00:30.58								
									

Coach feedback: